

The Edge Café – Events and Workshops 2nd – 15th April 2018

Week		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
2 nd – 8 th April	am	Closed for Easter	10.00 – 12.00 Total Voice Advocacy Drop-in		10.00 – 12.00 Knit & Natter			
	pm		19.00 – 21.00 Borderline Personality Disorder Carer's Support Group	19.00 – 20.30 NA meeting	14.00 – 16.00 Mindful Moving with DJAM 19.15 – 20.45 The Edge Recovery Support Group	13.00 -14.00 Tai Chi 14.00 – 16.00 Creative Writing at The Edge	19.00 – 21.00 The Edge Sober Social	13.00-14.30 NA meeting
9 th – 15 th April	am	10.00 -15.00 Cutting Edge Haircuts	10.00 – 12.00 Total Voice Advocacy Drop-in		10.00 – 12.00 Knit and Natter			
	pm	12.00 -13.00 The Edge Recovery Support Group	19.00 – 21.00 Bev's Anxiety Busting Workshop	19.00 – 20.30 NA meeting	14.00 – 16.00 DJAM Art Workshop 19.15 – 20.45 The Edge Recovery Support Group	13.00 -14.00 Tai Chi		13.00-14.30 NA meeting

To find out more about events and volunteering, pop in to the Edge or email: andy@thedgecafecambridge.com

All Edge Café workshops are free of charge.